



Birth Year and Season Matrix

When determining the age group for a season, the year the season ends should be used for determining the birth year. Also note that the format “U followed by age” really means that age and younger.

Following extensive review and discussion, US Youth Soccer, AYSO, and US Club Soccer have collectively decided to move to an age group player formation cycle that runs from August 1 to July 31, starting with the 2026-27 season/registration year.

Birth Year	2026/27 Seasonal Year Age Chart (Team Age Banding)											
	January	February	March	April	May	June	July	August	September	October	November	December
2007	N/A	N/A	N/A	N/A	N/A	N/A	N/A		U19	U19	U19	U19
2008	U19	U19	U19	U19	U19	U19	U19	U18	U18	U18	U18	U18
2009	U18	U18	U18	U18	U18	U18	U18	U17	U17	U17	U17	U17
2010	U17	U17	U17	U17	U17	U17	U17	U16	U16	U16	U16	U16
2011	U16	U16	U16	U16	U16	U16	U16	U15	U15	U15	U15	U15
2012	U15	U15	U15	U15	U15	U15	U15	U14	U14	U14	U14	U14
2013	U14	U14	U14	U14	U14	U14	U14	U13	U13	U13	U13	U13
2014	U13	U13	U13	U13	U13	U13	U13	U12	U12	U12	U12	U12
2015	U12	U12	U12	U12	U12	U12	U12	U11	U11	U11	U11	U11
2016	U11	U11	U11	U11	U11	U11	U11	U10	U10	U10	U10	U10
2017	U10	U10	U10	U10	U10	U10	U10	U9	U9	U9	U9	U9
2018	U9	U9	U9	U9	U9	U9	U9	U8	U8	U8	U8	U8
2019	U8	U8	U8	U8	U8	U8	U8	U7	U7	U7	U7	U7
2020	U7	U7	U7	U7	U7	U7	U7	U6	U6	U6	U6	U6
2021	U6	U6	U6	U6	U6	U6	U6	U5	U5	U5	U5	U5
2022	U5	U5	U5	U5	U5	U5	U5	U4	U4	U4	U4	U4
2023	U4	U4	U4	U4	U4	U4	U4	U3	U3	U3	U3	U3

Rec Banding		
U6 = U6 and U5		8/1/2020-7/31/2022
U8 = U8 and U7		8/1/2018-7/31/2020
U10 = U10 and U9		8/1/2016-7/31/2018
U12 = U12 and U11		8/1/2014-7/31/2016
U14 = U14 and U13		8/1/2012-7/31/2014
HS = U15 U16 U17 U18 U19		8/1/2007-7/31/2012

HS High School